

Under 2's Activity

Edible painting



Description:

Painting is a great activity for the babies but because they love to explore with their mouths it can be tricky, so instead of using traditional paint, try some edible painting that they can paint with and taste.

Resources needed:

- Yogurt(or coconut yogurt)
- Food colouring

Duration:

Open ended, this activity can last as long as children can keep their interest.

Intent:

- To allow them to explore the sensory feel of painting without stopping them from eating it
- To develop their fine motor skills as they make marks in the paint

Implementation:

By allowing the babies to explore the paint freely without worrying about them eating it, means that they can explore the paint in any way that they want to and they can create their own ways of using the paint.

Keywords:

Colours
Paint
Shapes



EYFS Learning outcomes:

Communication and language: listening and attention 8-20

- Has a strong exploratory impulse.
- Concentrates intently on an object or activity of own choosing for short periods.

Physical development: moving and handling 8-20

- Enjoys the sensory experience of making marks in damp sand, paste or paint.

Personal, social and emotional development: making relationships 8-20

- Interacts with others and explores new situations when supported by familiar person.
- Shows interest in the activities of others and responds differently to children and adults, e.g. may be more interested in watching children than adults or may pay more attention when children talk to them.

