

# Under 2's Cooking Activities

## Easter Nests



### Resources Needed:

- 200gm milk chocolate broken into pieces
- 85gm shredded wheat crushed
- 2 x 100mg mini chocolate eggs
- Cupcake cases

### Implementation:

- Wash hands together
- Place 12 cup cases in a cup case tray
- Break the shredded wheat up into pieces in a bowl with your child. Toddlers will enjoy doing this, but there may be some eating involved
- Melt the chocolate in the microwave (with a little water added) or in a heat proof bowl over a pot of boiling water. Lift your child to watch and talk about how the chocolate is changing from solid to liquid and the steam rising.
- Let your child help you mix the liquid chocolate into the bowl of shredded wheat
- Let your child help spoon the mixture into the cup cake cases and press the spoon into each case to create a nest shape
- Count out together, three mini eggs for each case and place them in each nest



- Place in the fridge for two hours and enjoy

