

# Under 2`s Activities

## Frozen Fruit Play



### Resources Needed:

- Mixed fruit
- Ice
- Tray or basin

### Duration:

Open ended, as long as children can keep their interest, but they can come back to it throughout the day as the ice melts more and more.

### Intent:

- To develop their fine motor skills
- To explore emptying and filling

### Implementation:

By having some fruit frozen in ice, the babies can explore the feel of the cold ice, smell of the fruit inside and the taste of the fruit as the ice melts. To do this cut up fruit, discarding inedible parts and freeze with water. You could do this with an ice cube tray or use a larger container for a bigger block of ice. This is as a multisensory activity including touch, taste, smell and sight.

### Keywords and Language:

Touch, taste, smell, cold, ice, water, fruit.

### EYFS Learning Outcomes:

- Communication and language: listening and attention
  - Has a strong exploratory impulse (8-20 months)



- Concentrates intently on an object or activity of own choosing for short periods (8-20 months)
- Physical development: moving and handling
  - When sitting, can lean forward to pick up small toys (8-20 months)
  - Passes toys from one hand to the other (8-20 months)
  - Enjoys the sensory experience of making marks in damp sand, paste or paint (8-20 months)
- Personal, social and emotional development: making relationships
  - Interacts with others and explores new situations when supported by familiar person (8-20 months)
  - Shows interest in the activities of others and responds differently to children and adults, e.g. may be more interested in watching children than adults or may pay more attention when children talk to them (8-20 months)

